

# Living FROM THE CROSS

## QUESTIONS FOR DISCUSSION AND REFLECTION

### BEFORE VIEWING

(Review) What were some key ideas from the last session. Discuss.

1. How would you describe who you are? What is your identity?
2. Steven has shared that we are saints, but we often feel like failures or sinners trying to rehabilitate. Talk about your perceptions regarding these ideas.
3. Consider this quote, "Your behaviour will reflect what you believe". What do you think that means? Give examples. Do you agree?

### AFTER VIEWING

1. How would you differentiate between the idea of renovation and new build/new creation? Why is this distinction so important?
2. What do you think, "you are a new creation," means? How can you be a new creation when you are in the same body?
3. Compare and contrast the first Adam and Christ in order to better understand their relationship and roles.
4. Discuss the degeneration and regeneration process. Why is this actually a message of hope?
5. Stephen made a claim that his sin doesn't define him because his nature is now divine. Do you sometimes view yourself as a sinner? How might embracing this truth affect you and your daily life? (Ex. Behaviour, self-talk, etc)
6. Stephen shared the experience of fighting his weeds to care for his lawn. Review that story and identify how it parallels our Christian walk and is good advice for operating from our divine nature.

### FOLLOW UP

1. Read through the book of Galatians. Journal as you read.
2. Stephen said, "Grace is both unmerited favour and divine power". Explain what you understand this to mean.
3. If someone asked you what it means to be 'born again', or what is 'the gospel', how would you explain it to them?