



New MERCY Every MORNING

Lamentations 3:22,23

The steadfast love of the Lord never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness.

HERITAGE PARK ALLIANCE CHURCH

2501 Sixth Concession
Lasalle, ON N9H0B5
226-270-3004
hpac.org

We are a loving family,
united under Christ,
building the family of God
by making disciples everywhere.

FALL THEME: SPIRITUAL DISCIPLINES

SUBMISSION

Come to Me, all you who are weary and burdened, and I will give you rest. Take My yoke upon you and learn from Me; for I am gentle and humble in heart, and you will find rest for your souls. For My yoke is easy and My burden is light. (Matthew 11:28,29)

This verse is full and rich in so many ways! You may hear of God's care for us when we are burdened and worn out, or perhaps of His perfect rest from our struggles, or the heart of God as He describes it himself... and I'm sure the Holy Spirit has at some time, spoken this word to us in just the way we needed.

When I read this lately, I also see the beauty of submission; Submission to Jesus. Walking with Him where he is going, and learning to do life his way. I see an end to struggle for control, followed by peace and rest when we're in step with Him. I notice His gentle hand, showing us the way by his example. And I realize that submission to God is the gentler way, the best path forward.

It is so comforting to know that submission does not mean He will give us a burden, but that it will relieve it, that the submitted life is not harsh and subject to oppressive control, but it's gentle and kind. It is not heavy, but light. Praise God He is so good to us!



CONTACT

HEATHER MEJIA

Women's Ministry Coordinator

heather@hpac.org

519-564-6208

WOMEN'S PAGE

<https://www.hpac.org/women>





FALL EVENTS

NOV - DEC

COFFEE IN THE CAFE

Every Saturday morning we meet at the HPAC Cafe from 8-10am. We talk about life, work, school, parenting, faith, our struggles and joys. It's a great way to connect with women across generations. (ends last week of November for the year)
JANUARY 28th WE WILL HAVE A JOINT BREAKFAST WITH THE MEN.

SOUPER SUPPER

Monday, November 7th | 6:30-8:30

Sign up to bring soup, salad or dessert to our Souper Supper! We'll be hearing from Heather, on a topic that relates to our theme of surrender/submission. Register online at hpac.org or email heather@hpac.org.

CHRISTMAS TEA & OUTREACH NIGHT

Monday, December 12th | 7-8:30pm

Stay tuned for details!

YOUNG ADULT WOMEN'S DISCUSSION NIGHTS

All YA women are invited to join us on the first Tuesday of the month for a discussion on topics you've chosen! 5:30 before YA's in the Fireside Room. Next up: Dec 6

LIBRARY HOURS

Sunday mornings | 9:15-9:50am and
for 20 minutes after service

Wednesday mornings | 10-11:30am

If you are looking for a good read,
talk to Rose in the Library on
Sunday/Wednesday!

FALL BIBLE STUDIES

STRIPPED

WEDNESDAY EVENINGS, 6:30-8PM

Kae Anne DiPietro and Margot Heaton lead this group Wednesday evenings, coinciding with Kid's Club and Junior High. They will be studying the book on the theme of surrender called, Stripped: When God's call turns from "Yes", to "Why Me?"

HEY ARE YOU THERE? IT'S ME, GOD!

THURSDAY MORNINGS, 10-11:30AM

Join Nicole David in a study of the book, "Hey, are you there? It's Me, God!" by David Chotka. Dive deeper into prayer and hearing God's voice.

THE BROKEN WAY

TUESDAY EVENINGS FROM 7-9

This class is taught by Elaine Hewitt and is based on the book by Ann Voskamp. The broken way beckons you into more time, more meaning, more authentic relationships. There's a way, especially when things aren't shaping up quite like you imagined. Starts November 1st.

REGISTER AT
HPAC.ORG/WOMEN

PUMPKIN MUFFINS

4 eggs	2 teaspoons baking soda
2 cups white sugar	2 teaspoons baking powder
1 1/2 cups canola oil	1 teaspoon salt
14 ounces pumpkin	1 cup dried cranberries (or raisins)
3 cups all purpose flour	
1 tsp cinnamon	

Beat eggs. Add sugar, oil, and pumpkin. Add dried cranberries.

In a large mixing bowl mix well - I like to use a wire whisk for combining the dry ingredients - flour, 1 tsp cinnamon, baking soda, baking powder, & salt.

Add to pumpkin mixture and mix well. Fill muffin cups. Sprinkle cinnamon/sugar topping over muffins

(Topping: Mix together -1 teaspoon cinnamon
2 tablespoons white sugar)

Bake at 400 F for 15 minutes

Makes about 24 small muffins
18 large muffins



THANKS TO DEB BEATEN
FOR THIS MONTH'S RECIPE!

YOUR IDENTITY IN CHRIST

Not Instagram, not your friends or your husband or boyfriend, not your talents, job, money or status can describe your true identity. Only Jesus can do that.

HE SAYS YOU ARE:

SIGNIFICANT **LOVED** 
CHOSEN **CALLED**
SECURE **CLEAN**
SALT **ACCEPTED**
LIGHT **ADOPTED**
FREE **RIGHTEOUS**
VICTORIOUS **HOLY**

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hpac.org/women



“Instead of fixing all your problems, God may be wanting to use your problems to teach you to trust and obey Him.”

NANCY DEMOSS



FALL DEVOTIONAL

I DARE YOU

BY KATHLEEN DERBYSHIRE

I was reading the Bible and came across this fitting verse that sent me on a path thinking of my time in the great wilderness and yours. We have all spent time in this wilderness of life that often contains sorrow, learning to submit to the Lord's plan.

For the Lord your God has blessed you in all that you have done; He has known your wandering through this great wilderness. These forty years the Lord your God has been with you; you have not lacked anything." Deuteronomy 2:7 NASB

I don't spend too much time these days wandering through my past but I do look back to see how far the Lord has taken me. I've seen that I have my greatest revelations about Jesus, and myself, when I am reading the Bible. He speaks to me so clearly there but everywhere else I have to look really hard to see Him.

I was like Job hearing of Him with my ears but not seeing Him (Job 42:5). It is so easy to submit to Him in the middle of reading the Bible (yes, even in Deuteronomy) yet when I am away from the Bible I sometimes forget that I am His.

Distance is not only physical for me it is also mental. I have memorized many verses and Psalms, since I know I have to be away from my comfy study chair and my Bible, because that is where my work is. I don't ever want to get used to being in the wilderness alone instead of being in His arms.

The blessing from God for me is the idea that I can tap into the Bible even when it is not in front of me. He has known that I would need Him in my wandering so He has made sure to put the Bible, His words, in me. He and his words, have been with me and I lack for nothing.

Psalms 23 is the first Psalm (or even verse) I memorized. I did it on a dare while I was at a retreat. The dare was to have it memorized by the end of the retreat (which I did by the way). That started me on this journey of submitting to God in this way. Having His word in my memory has brought His vision to life.

If someone dared you to memorize a Psalm (let's say, Psalm 23) would you take them up on it? It might be the best dare you have even said yes too.

I, Kathleen, DARE YOU to memorize Psalm 23 and stop me at church to recite it to me! I will hug you so hard!